

Food and Drink Policy

Presented to	Date	Name (Chair)	Signature
Collegiate			
Trustees			
Review			

1. Dietary/Health Requirements and Allergies

- 1.1. Before a child begins at the Kindergarten, information must be obtained, through the admissions form, regarding any special dietary or health requirements and food allergies.
- 1.2. Should children have special dietary requirements, the kindergarten is able to meet these needs on a case by case basis as agreed with the parents/carers.
- 1.3. The Kindergarten will record any relevant information on key children cover pages and on the food safety management sheet in the kitchen.

2. Meals, Snacks and Drinks

- 2.1. Food prepared for the children in this Kindergarten is organic (where possible) and vegetarian.
- 2.2. The food is based around a grain of the day of which a meal is prepared and shared mid morning.
 - 2.2.1. Monday - Rice
 - 2.2.2. Tuesday - Barley
 - 2.2.3. Wednesday - Millet
 - 2.2.4. Thursday - Rye
 - 2.2.5. Friday - Oat
 - 2.2.6. Meals, snacks and drinks in this Kindergarten are healthy, balanced and nutritious. They will reflect changes in current opinion.

2.3. Water is available for children between snack and meal times if it is needed.

2.4. Registered providers will inform Ofsted of any food poisoning affecting two or more children as soon as possible, and always within 14 days.