

Sleep/Rest Policy

| Presented to | Date | Name (Chair) | Signature |
|--------------|------|--------------|-----------|
| Collegiate | | | |
| Trustees | | | |
| Review | | | |

1. Routines

1.1. As appropriate to the individual child. See cover page for key children.

1.2. On a full day children are given opportunities to rest and have quiet time. They are supervised at all times by the Teacher or Assistant.

1.3. Children are monitored and checked while asleep.

2. Duties of staff

2.1. Temperature of Kindergarten is monitored and thermostat adjusted/ window opened or closed as necessary.

2.2. Blankets and pillows are provided and washed regularly.